

DUNCAN BAIRD PUBLISHERS

WATKINS PUBLISHING

SIXTH FLOOR 75 WELLS STREET LONDON W1T 3QH

Tel 020 7454 2229 Fax 020 7580 5692



Fairies at Bedtime: Tales of Inspiration and Delight for You to Read with Your Child – to Enchant, Comfort and Enlighten

Karen Wallace & Lou Kuenzler

OCTOBER 2012

Hardback - £14.99

- Introduces children to the techniques of meditation and visualization
- Imaginative stories to help develop children’s imagination, empathy and understanding

Offers children the wisdom and guidance of fairy folk, elves, spirits and sprites in an enchanting collection of 20 calming bedtime stories, full of positive energy and told in a warm, inspiring and contemporary voice

Fairies, devas, spirits and sprites – every culture around the world has recognised that nature is alive with positive and powerful energies. From mysterious elf kings and queens to will o’ the wisps, there are forces at work ready to help us to connect with our environment and enrich our experience.

This book presents a delightful collection of stories to enchant and inspire every child. While each tale is rich with magic, featuring creatures such as a moonbeam fairy and a friendly Cherokee fairy, there are also helpful messages at work. Here, your child will learn, for example, that change doesn’t need to be frightening, that we all have valuable talents and abilities, and that patience and faith are often rewarded. There are also messages to help children to better understand the natural world, including the importance of wilderness, why we should respect natural cycles and the need to conserve what is precious and irreplaceable. Affirmations at the end of each story help to highlight its positive message. Designed to be read either by parents with their children or by children on their own, these compelling narratives focus the child’s mind and provide a soothing transition into sleep or give food for thought during daytime reading

Karen Wallace has written or contributed to more than 90 books for children including, for Watkins, *More Nightlights*.

Lou Kuenzler has a background in theatre direction and is now a successful children’s writer; her books include *The Ugly Egg* and, for Watkins, *Angels at Bedtime*.

Other titles in this series:

